



# COEHRE STUDENT CONFERENCE Diversity and Social Inclusion

## Course Manual

**COEHRE STUDENT CONFERENCE SETÚBAL, PORTUGAL  
3<sup>rd</sup> -7<sup>th</sup> APRIL 2017**

From 3<sup>rd</sup> - 7<sup>th</sup> of April 2017, the COEHRE Student Conference is organized next to the Annual Conference of the consortium at Setúbal Polytechnic Institute - School of Health, Portugal



**Dear students,**

On behalf of the team, we are glad welcoming you all in our Interdisciplinary **COEHRE STUDENT CONFERENCE Diversity and Social Inclusion (DiSI)**.

This student conference is part of the Annual conference organised by COEHRE (Consortium of Institutes of Higher Education in Health and Rehabilitation in Europe). The network connects universities in the field of health care, rehabilitation and social work, and promotes interprofessional cooperation. We welcome 50 students and 8 international teachers during the programme.

The organisation of the course consists of two modules. The expected outcomes of preparatory assignments (module) based on distance learning result in a 5-day intensive program with activities taking place in a multi-professional and multicultural context. The course 2017 is hosted at Setúbal Polytechnic Institute - School of Health, Portugal.

Coordination: Attila Dobos, Semmelweis University, Faculty of Health Sciences, Department of Social Sciences, Budapest, Hungary - [dobosa@se-etk.hu](mailto:dobosa@se-etk.hu)

Local coordinator: António Freitas, Setúbal Polytechnic Institute - School of Health, Nursing Department – [antonio.freitas@ess.ips.pt](mailto:antonio.freitas@ess.ips.pt)

This programme offers a unique opportunity for you to meet with fellow students and teaching staff from different countries and professional backgrounds to listen, discuss and debate the issues around inclusion of the most vulnerable group of people in our societies.

**We hope that participation in this course will turn out to be an exciting learning experience for you and will challenge your professional and personal development!**

On behalf of the DiSI Team:

Attila Dobos & António Freitas

Course Coordinators



## *1. Rationale of and background on the project - Abstract*

Diversity and Social Inclusion is a program of study aimed at enhancing **awareness** of different kinds of **social inequalities** rooted in many different ways of diversity in our contemporary societies. It supports to develop **core competences** in future educators, health care professionals, social workers with the help of an already piloted **interdisciplinary model (ICIC) based on blended learning approach**. This model could improve the sensibility to differences in cultural, socio-economic and health status, and the unequal distribution of social resources.

At millennial discourses minority-majority issues occupies central position, which are strongly linked to the differences in the meeting of social needs in the society. Cultural difference in itself doesn't mean unequal status, although through the power related nature of majority – minority opposition cultural difference might lead to peripheral status or even segregation. Socio-economic differences relate to different health status and opportunities in access to care. Vulnerable groups are often facing with the problem of “invisibility” drawing from the fact that they are not able to share the language of discourse dominated by the leading institutions. Finally, integration in itself seems not to be the golden route in every situation – discussions on it should be reflected more deeply.

Drawing from these, the targeted future professionals participate in bridging the social gaps during their everyday work, so the importance of **socio-cultural sensitivity, intercultural communication and cooperation skills** must be highly emphasized in their training.

The program consists of two parts: the first phase is based on 3 assignments in distance learning, based on a closed Facebook-group. In preparation of the field work in Setúbal, students have to submit assignments in order to be familiar with the situation related to our topics in the host country. Furthermore they need to cooperate with other students from different countries via this platform in order to do their task.

The second phase is a **face-to-face intensive educational activity** composed of 5 days, taking place in a context of multicultural interest. During this part, students will visit organizations from their field and face with problems of the above mentioned origin in the real practice. Hence, this process ensures more than observation; they will have the opportunity to get involved with concrete cases trying to contribute to an **interdisciplinary-based problem solving**. During this process, students are expected to learn how to **implement their theoretical knowledge** in a multicultural practice. Naturally, it represents severe advantages in their future practice.

During their training, they will use project work based methods and produce materials, such as presentations, visits, interviews.

## II. Course Description

### Description:

The student conference organized next to the Annual Conference of COEHRE focus on 'Diversity and Social Inclusion' as a central theme. The program aims at enhancing awareness of different kinds of social inequalities in society and particular in the health care and social field. Students will work in multi-professional groups in a week program to explore and analyze the topic. Subjects will be studied and adapted both from European perspective and related to the context of the hosting country and to focus on strategies to counter inequalities in society.

### Goals & learning outcomes:

*After completing the course:*

- *The student defines the central concepts of social inclusion; diversity, equality, freedom and responsibility*
- *The student is able to give examples of different kinds of social inequalities in key areas of social life: home life, work/school/studying and when having free time.*
- *The student describes and is aware about the importance of cultural sensitivity, intercultural communication and cooperation skills as core competences for future professionals*
- *The student is able to apply the knowledge by doing case based interdisciplinary grounded problem solving*

### Methodology: Organizing groups by 'problem areas':

During the program, we use 'focused study visits' as a central method to put theory into practice. The urban environment provides a learning context for this assignment.

The exploration of the topics starts with introducing the city and its different neighborhoods by means of a lecture and a city walk. Students are divided in small groups with respect to mixed professional and cultural background. They receive more detailed information on one specific topic related to social inclusion. This information contains a 'survival kit', e.g. a map of the neighborhood, contact information for places of interest, articles and figures on the area and contact information of a 'tutor'. A privileged contact or study visit is the starting point. They have to confront their new experiences with the experiences in their home country.

### Core dimension: invisibility and inclusion

**Topic 1: Disabilities**

**Topic 2: Teenage Mothers**

**Topic 3: Elderly**

**Topic 4: Young people at risk**

**Topic 5: Homelessness**

**Information:**

Each group should describe the problem field using the information resources below:

1. Guidance of the chosen institution(s).
2. Knowledge gathered during preliminary assignments
3. Observations, interviews made by the group

**Exchange of experiences, thoughts and practical assessment**

On Thursday afternoon after the end of the visits, the different groups exchange their views. The experience of the different topics and the different study visits confronts them with the diversity of social inequalities that exists within one city. World Café allows students to engage in discussions on the strengths and weaknesses of the different aspects of inclusive practices and assess their effectiveness.

**Plenary debate during the Annual COEHRE Conference:**

The final part of the student conference is a presentation and a debate on the learning outcomes with the participants of the annual conference. It allows the participants to share and discuss what they learned during this 5 day-program. Each student group is required to present their experiences in a max. 10 minutes' presentation in form of a film, prezi, pptx, etc.

# EVALUATION CRITERIA FOR COEHRE STUDENT CONFERENCE FINAL PRODUCTS

1. The presentation focuses on one or more of the central concepts of the course;
  - a. social inclusion/exclusion,
  - b. (super)diversity,
  - c. invisibility
  - d. responsibility
  - e. equity, inequalities
  - f. global citizenship
  
2. The presentation gives an example of social inequality / inclusion in one of the key areas of the course.
  
3. With the presentation, the students describe and shows their awareness of the importance of
  - a. cultural sensitivity
  - b. intercultural communication
  - c. cooperation skills

Conscious, action driven, evidence based and reflective. With the presentation both the presenter/-s and the audience will become more aware of societal situations through processes of critical consciousness and questioning the existing society / plan actions on how to change it. By questioning where knowledge comes from, it facilitates you (a) to recognize what knowledge is privileged and (b) to understand why it is privileged. Learning includes cycles of reflection and action, that is, praxis; your task is to think carefully and critically about specific issues of concern that is selected by your group.

#### 4. Presentation skills

Chosen theme fits to an inter-/multiprofessional approach. Your task is to provide possible explanation(s) of causality (why something is like it is) instead of just presenting facts (how it is).

**Collaborative.** As a group, you will contribute towards each other's learning and utilize interpersonal skills such as communication, trust, decision making, and conflict resolution, to achieve common goals. This should be shown in your presentation.

**Dialogical.** During the process of making your presentation important task is that space is available for all voices to be heard and an open communication takes place. We learn together to find new points of view and understanding about the central phenomena.

**Empowering.** Presentation should awake and rise thoughts and emotions; it should make audience (both students and teachers) to start thinking in a new way their own responsibility. In the best possible situation strives to empower audience to become critical, more active citizens, who ask "how can I make the world a better place?" and act in an endeavor to create an equitable world. By giving this interactive presentation you have the possibility to share what you have learned earlier and during this course about diversity, social inclusion/ exclusion, the society and the importance of communication between different health and social care professionals. Hopefully this will be one step for you to develop tools and skills suitable for you to transform to your own lives and our society.

**Creative.** Your presentation needs to be done in a creative and interesting way. This is not a “normal” presentation, but short and smart presentation that raises the interest towards the subject chosen by you.

[10 Quick Tips for Effective Presentations](#)

**Time Table | Schedule**

3rd April Monday	4th April Tuesday	5th April Wednesday	6th April Thursday	7th April Friday
Welcome & Icebreaker 9:00-10:00 <b>Reserva</b>	Keynote 9:00-10:00 <b>Reserva</b>	Visits	Visits	Preparation for the final presentations 9:00 - 12:00 <b>B1,01 &amp; B1,04</b>
Keynote 10:00-11:00 <b>Reserva</b>	Discussions 10:00-10:45 <b>Reserva</b>			
Break 11:00 - 11:15	Break 10:45 - 11:00			
Discussions 11:15-12:00 <b>Reserva</b>	Paralel Workshops 11:00 - 12:00			
<b>Lunch 12:00-14:00</b>	WS4 <b>B1,03</b>   WS5 <b>B1,04</b>   WS6 <b>B1,05</b>	<b>Lunch 13:00 - 15:00</b>	<b>Lunch 13:00 - 15:00</b>	G1   G2   G3   G4   G5
Task Introduction 14:00 - 15:00 <b>Sala de Atos</b>	<b>Lunch 12:00 - 14:00</b>	Conference Opening Ceremony, Keynotes; Reception 16:00 - 20:00	Group Reflections in the Form Of World Café 15:00- 16:30 <b>E212/ESTS</b>	<b>Lunch 12:00 - 14:00</b>
Paralel Workshops 15:00 - 16:00	Paralel Workshops 14:00 - 15:00			
WS1 <b>B1,03</b>   WS2 <b>B1,04</b>   WS3 <b>B1,05</b>	WS7 <b>B1,03</b>   WS8 <b>B1,04</b>   WS8 <b>B1,05</b>			
Break 16:00 - 16:30	Keynote 15:00-16:00 <b>B1,13</b>			
Pechakucha 16:30 - 17:30 <b>B1,13</b>	Exploring the City 16:00	Closing Ceremony 15:00 - 17:00		
Multicultural Dinner 18:00 - 20:00 <b>B1,07</b>				

A map of the building, with the classrooms, will be available soon.

**School of Health | Setúbal Polytechnic Institute**



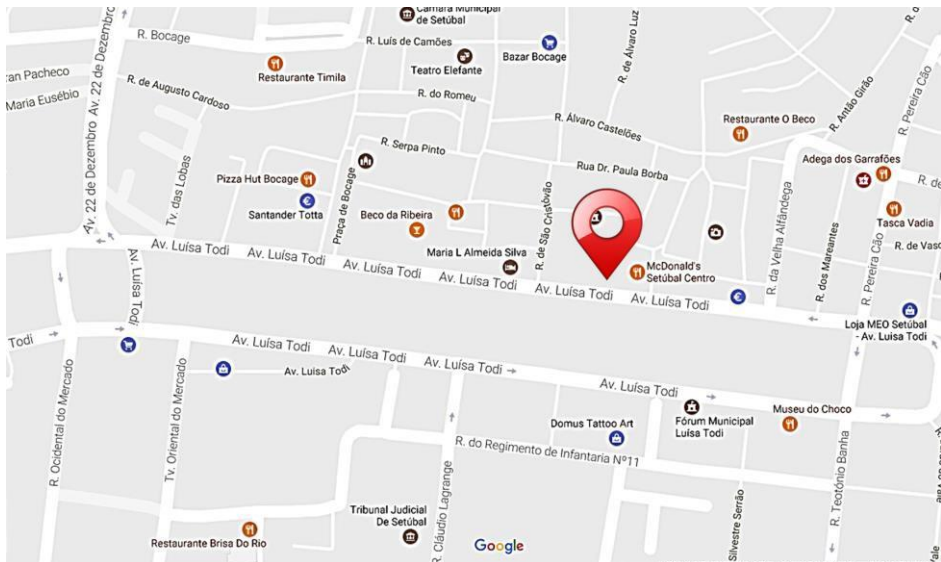
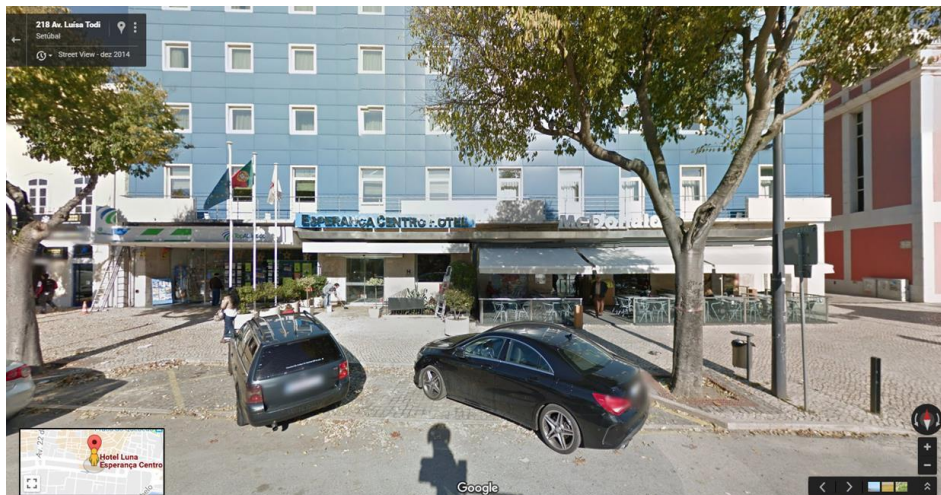
## GENERAL INFORMATION

### Transports do IPS Campus:

- Every day a private bus will leave at 8:30 from the center of Setúbal to take the students from the city center to the campus, where the course will take place. **Please don't be late!**

Meeting point: in front of **Hotel Esperança**, next to McDonald's.

Avenida Luisa Todi, 220, Setúbal (GPS 38.5232105, -8.8910387)



- If you prefer the public bus, you can get it at the central bus station
- If you prefer, you can get a taxi, which will cost around 10€



## Tutors

Each group will have a tutor that will promote the discussion, reflection about the different topics.

Tutors:

### Attila Dobos

Semmelweis University  
[dobberer@gmail.com](mailto:dobberer@gmail.com)

### Margarida Sequeira

Setúbal Polytechnic Institute  
[margarida.sequeira@ess.ips.pt](mailto:margarida.sequeira@ess.ips.pt)

### Ulla-Maija Seppänen

Oulu University of Applied Sciences  
[Ulla-Maija.Seppanen@oamk.fi](mailto:Ulla-Maija.Seppanen@oamk.fi)

### Guy Collins

University of Derby  
[G.Collins@derby.ac.uk](mailto:G.Collins@derby.ac.uk)

### Emi Van Nieuwenhuysse

Arteveldehogeschool  
[emi.vannieuwenhuysse@arteveldes.be](mailto:emi.vannieuwenhuysse@arteveldes.be)

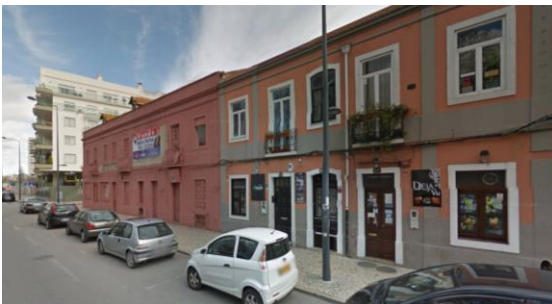
### Aija Ahokas

Helsinki Metropolia University of Applied Sciences  
[aija.ahokas@metropolia.fi](mailto:aija.ahokas@metropolia.fi)

### Burak Karabey

Dokuz Eylul University  
[burakkarabey@gmail.com](mailto:burakkarabey@gmail.com)

## 2<sup>nd</sup> Abril: Sunday Evening Welcome

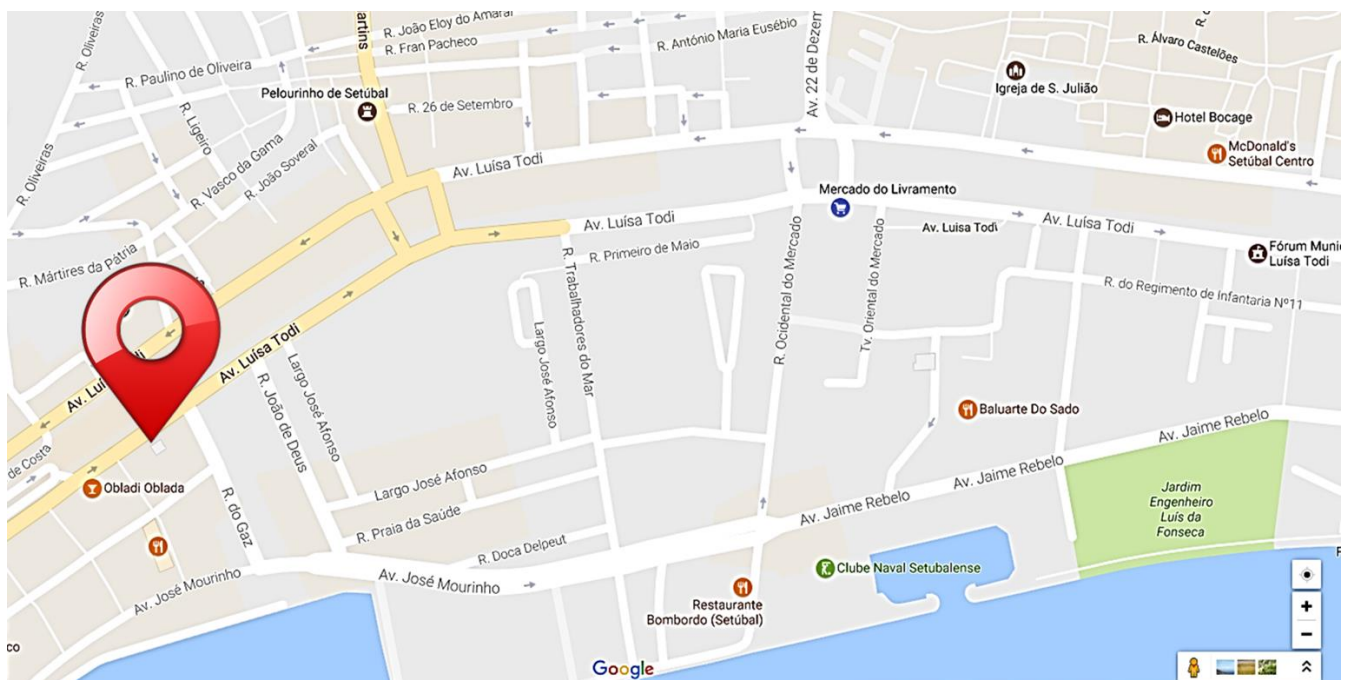


You are invited to an informal evening starting at the **Déjà vu Bar** in Setúbal, where you can meet Antonio Freitas and Attila Dobos. This starts at **21.00**.

This bar is located at the main avenue (Avenida Luisa Todi) in a neighborhood with lots of bars.

We'll be waiting for you there!

[Deja Vu](#)



# COURSE SCHEDULE

3<sup>rd</sup>, April - Monday

**9:00 – 10:00 Welcome and Ice breaker - Ulla-Maija Seppänen & Antonio Freitas**

**10:00 – 11:00 Keynote - Responsibility and Citizenship**

Lucília Nunes, Setúbal Polytechnic Institute - School of Health, Nursing  
Department

*Active Citizenship is one of the basic skills for this century. A global citizen, living in an emerging world community, has moral, ethical, political, and economic responsibilities. These responsibilities include to understand one's own perspective and the perspectives of others on global issues, respect the principle of cultural diversity, responsibility to make connections and build relationships with people from other countries and cultures. Global citizens have the responsibility to understand the major global issues that affect their lives and need to play activist roles in urging greater international cooperation between their nation and others. Every individual can work actively towards advancing the public good, improving the welfare of all in society, and should see it as integral to her way of living.*

To read:

The rights and responsibilities of global citizens:

<http://www.theglobalcitizensinitiative.org/the-rights-and-responsibilities-of-global-citizenship/>

Science Education for responsible citizenship:

[http://ec.europa.eu/research/swafs/pdf/pub\\_science\\_education/KI-NA-26-893-EN-N.pdf](http://ec.europa.eu/research/swafs/pdf/pub_science_education/KI-NA-26-893-EN-N.pdf)

Preparing youth for 21st century responsible citizenship:

[http://lsf-ist.ca/media/symposium/Ready\\_or\\_not\\_Executive\\_Summary.pdf](http://lsf-ist.ca/media/symposium/Ready_or_not_Executive_Summary.pdf)

**11.00 – 11:15 Break**

**11:15 - 12:00 Discussions** – each students group get together with their tutor and discuss the main topic around the keynote

**12:00 – 14:00 Lunch at the Campus Canteen**

**14:00-15:00 Task Introduction**

António Freitas, Setúbal Polytechnic Institute - School of Health, Nursing  
Department

## 15:00 – 16:00 Parallel Workshops

The number of students in each Workshop is limited, so each student should register on Facebook page

### Theme 1: "Empowerment - a key to inclusion"

Ana Lúcia Ramos, Setúbal Polytechnic Institute - School of Health, Nursing Department

*What that means? Why it is important? How can I do? Currently, the concept of empowerment has been used in several reference documents, at the political, health or social level. The (over) use of this concept makes one often miss the notion of its real concept. This workshop intends to clarify the concept, to work on the power of each participant, as a citizen and as a future professional.*

### Theme 2: "Communication without speech"

Vânia Ribeiro, Setúbal Polytechnic Institute - School of Health, Department of Communication and Language Sciences

*Communication is much more than speech and all people communicate. This workshop aims to raise awareness of the importance of communication in our daily life and to explore different strategies to communicate with different people through the experiences of daily situations in a visual and hearing impairment condition.*

Electronic References:

<http://www.ican.org.uk/~media/ican2/Whats%20the%20Issue/Evidence/4%20Language%20and%20Social%20Exclusion%20pdf.ashx>

[https://www.facs.nsw.gov.au/\\_data/assets/file/0009/298071/FACS\\_effective\\_communication\\_for\\_disability\\_July2014.pdf](https://www.facs.nsw.gov.au/_data/assets/file/0009/298071/FACS_effective_communication_for_disability_July2014.pdf)

<http://www.assistid.eu/adminbackend/resources/pages/s-clifforddefining-social-inclusionridd.pdf>

### Theme 3: "On just distribution of scarce resources"

Attila Dobos, Semmelweis University, Budapest - Department of Social Sciences

*This workshop facilitates students to think and elaborate deeper understanding of the difficulties of fair distribution of goods, services, chances if the resources are quite limited – just as in most cases in the field of health. We are going to examine the ruling principles shedding lights on their strengths and weakness, not to mention the surrounding bioethical considerations.*

**16:00 -16:30 – Break (preparation for Pechakucha) 16:30**

**– 17:30 Pechakucha**

**18:00 – 20:00 – Multicultural Diner**

Taking our course theme to its extreme.... And after a long day of working, It's time to celebrate diversity!.....

Different places, different countries, different people...different food! Let's have a multicultural diner where every single one will bring a little something special from their country to share for this dinner. Salt, sower or sweet are welcome. [Watch out for drinks on the airplane!! 😊]

It will be a great opportunity to share and taste everyone's culture and a time to chill out.

Bring the best of your country and be proud!...



**4<sup>th</sup> April - Tuesday**

**9:00 – 10:00 Keynote -"Diversity & Equality"**

Attila Dobos, Semmelweis University, Budapest - Department of Social Sciences

*The keynote is going to give a general framework for thinking about sociocultural diversity and its relation to the problems of equity, equality and just distribution (justice) as it is seen through the lenses of cultural anthropology and social policy. Particular emphasis will be put on the field of health and social care, where discrepancies are well known issues for access to health / services and eligibility.*

To read/listen:

[http://www.ophi.org.uk/wp-content/uploads/Sen-1979\\_Equality-of-What.pdf](http://www.ophi.org.uk/wp-content/uploads/Sen-1979_Equality-of-What.pdf)

[https://www.compas.ox.ac.uk/media/WP-2006-025-Vertovec\\_Super-Diversity\\_Britain.pdf](https://www.compas.ox.ac.uk/media/WP-2006-025-Vertovec_Super-Diversity_Britain.pdf)

[https://www.ted.com/talks/kimberle\\_crenshaw\\_the\\_urgency\\_of\\_intersectionality](https://www.ted.com/talks/kimberle_crenshaw_the_urgency_of_intersectionality)

**10:00-10:45 Discussions** – each students group get together with their tutor and discuss the main topic around the keynote

## **11:00 – 12:00 Morning Parallel Workshops**

The number of students in each Workshop is limited, so each student should register on Facebook page

### **Theme 4: Complexities of refugee crisis: social integration**

Emi Van Nieuwenhuysse, Arteveldehogeschool Ghent - Department of Podiatry

*The recent refugee crisis divides Europe, European countries and society. Let's focus on some figures and facts, opinions and viewpoints. Let's break down certain preconceptions and start an informed debate about social integration. Are we willing to search and able to find alternatives to increase the quality of our changing society for all stakeholders?*

### **Theme 5: "Art Therapy - inclusion through art"-**

Lino Ramos, Setúbal Polytechnic Institute - School of Health, Nursing Department

*Art therapy is the use of art as therapy. Freud laid the foundations of art therapy in the past century, seeing art as an expression of the unconscious. Jung started the application of art as therapy. Often, people do not have words to express their emotional problems and conflicts and make a design, able to communicate a state of the soul (Ciornai, 2003).*

*The process of knowledge experienced by means of artistic experiences enables the individual to symbolize their perceptions of the world, especially when you cannot express themselves verbally, by oral or written language (ALLESSANDRINI, 2012).*

*The creative processes enable to rediscover meaning in life and enable the expansion of consciousness. It is a phenomenon that breaks down barriers and open the gates of the mind.*

Electronic References:

<http://www.arttherapy.org/>

<http://www.apa.org/>

### **Theme 6: Identifying and tackling global public health challenges**

Guy Collins, University of Derby - Department: Health Care Practice

*This workshop will be an interactive experience that raises awareness of contemporary global public health issues, international policy frameworks, together with the opportunity for participants to propose interventions and solutions via an innovative small group pitch approach.*

## **12:00 – 14:00 Lunch at the Campus Canteen**

## **14:00 – 15:00 Afternoon Parallel Workshops**

## **Theme 7: “Aging: Thinking and acting regarding inclusion”**

Andreia Cerqueira - Setúbal Polytechnic Institute - School of Health, Nursing Department

*Ageing populations determine profound changes in society, which has sought to find different resources and answers to achieve individual and collective well-being.*

*The aging process is complex and multidimensional, being characterized by different transitions, which can make the person more vulnerable. In this stage of life, it is crucial that person dignity be preserved.*

*New ways of thinking and acting regarding ageing person inclusion means the conjunction of different dimensions: 1) The configuration of the ageing person; 2) The professional care which is aimed; and 3) The contexts of learning and care.*

Electronic References:

[http://comum.rcaap.pt/bitstream/10400.26/6533/1/JSD\\_2\\_2014.pdf](http://comum.rcaap.pt/bitstream/10400.26/6533/1/JSD_2_2014.pdf)

## **Theme 8 – “Changing Minds: Disability to Ability”**

Burak Karabey - Dokuz Eylul University - Buca Faculty of Education, Gifted Education Department

*We will trying to find some answers about “What is disability?”, “What is ability?”, “Can we change perspective of disability perception?”, “Is it possible to find a project for more social inclusion?”*

## **Theme 9 – “Towards open dialogue: network-map”**

Ulla-Maija Seppänen - Oulu University of Applied Sciences

*Mental health problems are not problems of an individual, but they have effect to the larger network of so-called client / patient. How we as health care professionals could enable dialogue and find with our clients the most important network to support our clients? This workshop aims to teach basic principles of open dialogical work as well as one methods that can be used with clients in order to find out the most important people for the client. With these methods client’s social network as well as relationships to important persons will become more clear both to client her- /himself and to therapist.*

Literature:

<https://www.youtube.com/watch?v=ywtPedxhC3U> (short movie about open dialogue)

## **15:00 – 16:00 Key Note “A Kind of Bermuda Devil’s Triangle: Intelligent- Talent – Creativity”**

Burak Karabey - Dokuz Eylul University - Buca Faculty of Education, Gifted Education Department

*This keynote based on globalisation of education and their systems about main concepts. We will discuss intelligent-talent and creativity by means of different areas and cultures by the way meaning of cultural differences and awareness on education areas.*

## 16:00 Exploring the City of Setúbal

5<sup>th</sup> April - Wednesday

9:00 – 13:00

### Visit A

#### Caritas Institution – Centro Nossa Senhora da Paz

- Community Intervention Center – minorities
- Young people at risk
- Teenage mothers

Limited to 25 students

**Transport:** Meeting point at Av. Luisa Todi, Hotel Esperança, next to MacDonald's, at 9:00.\*

**[don't be late!]**

### Visit B

#### Cercizimbra Institution

- Professional rehabilitation centre for people with disabilities
- Occupational activities centre for people with disabilities

Limited to 25 students

**Transport:** Meeting point at Av. Luisa Todi, Hotel Esperança, next to McDonald's, at 9:00.\*

**[don't be late!]**

\*different buses.

13:00 – 15:00 Lunch at the Campus

16:00 – 20:00 COHERE Conference,

IPS Campus: Opening Ceremony, Keynotes, Reception

9:00 – 13:00

**Visit C**

**APPACDM – “Portuguese Association of Parents and Friends of the Mentally Deficient Citizen”**

Occupational Activities Centre for people with disabilities [CAO #5]

Promotes the development, enhancement and dignification of persons with mental disabilities, ensuring the provision of care and services, adequate to the needs and expectations of the clients. Occupational Activities, promoting the maintenance and development of skills.

Limited to 14 students

**Transport:** Meeting point at Av. Luisa Todi, Hotel Esperança next to MacDonald’s, at 9:30.

**[don’t be late!]**

**Visit D**

**Caritas - S. Francisco Xavier**

- Homeless people shelter and social support: Bathing and personal hygiene service; Clothing treatment service; Meal service every day of the week; Temporary overnight accommodation. The entry and permanence of the users in temporary reception has as a prior condition the definition of a life project in collaboration with the technical team.
- HIV patients and their families social support

**Transport:** Meeting point at Av. Luisa Todi, next to McDonald’s, at 10:00. It’s about 10 minutes walking [there will be someone to guide you].

**Return:** meeting point at Mercado do Livramento [Livramento Market] at 12:45. The bus from the visit C will pick you there.

Limited to 10 students



## Visit E

### **APPACDM – “Portuguese Association of Parents and Friends of the Mentally Deficient Citizen”**

Aims the development, enhancement and dignification of people with intellectual disabilities through socially useful activities, strictly occupational activities and a whole range of other activities adapted to their characteristics, abilities and potentialities. The philosophy of this center is based upon an intervention that presupposes the optimization and maximization of the remaining capacities of its clients, in a dynamic educational perspective and of cognitive, emotional and behavioral change. It, also, aims to promote the development of people with moderate/deep intellectual disabilities, associated, or not, with behavioral problems. In addition to the therapeutic and sports support, the clients developing some activities, these being: Strictly Occupational Activities; Personal and Social Development Activities; Socio Cultural Activities.

**Transport:** Meeting point at Av. Luisa Todi, next to McDonald’s, at 10:00. The same bus will take the students to the visit E and then go to visit F. The first stop will be at visit E (student’s drop of) and then move on to the visit F. The return will pick the students from visit F and then will pick up the students at the visit E

Limited to 14 students

## Visit F

### **Centro Jovem Tabor**

According to the Portuguese Law on the Protection of Young People at Risk, there are commitments to institutionalized youth and, above all, responsibility towards society, to promote life projects aimed at the social integration of children who are accepted through processes of protection.

This institution aims to educate young adolescents, who have been withdrawn from their family because they are unable to provide them a positive and satisfactory environment towards to their development. This institution has a set of specific skills and above all a high motivation and willingness to resist challenging, rebellion and revolt, for being in a house that they do not feel like their own.

**Transport:** Meeting point at Av. Luisa Todi, next to McDonald’s, at 10:00. The same bus will take the students to the visit E and then go to visit F. The first stop will be at visit E (student’s drop of) and then move on to the visit F. The return will pick the students from visit F and then will pick up the students at the visit E

Limited to 14 students

**13:00 – 14:30 Lunch at the Campus**

**14:30 – 16:30 World Café and Group Reflections**

**7<sup>th</sup> April - Friday**

**9:00 – 12:00 Preparation for the final presentations**

**12:00 – 14:00 Lunch at the Campus**

**14:00 – 15:00 Creative presentations at COEHRE Conference**

**16:00 - 17:00 Conference Closing Ceremony**

