

CURRICULUM VITAE

PERSONAL DATA

Surname: Tricas-Sauras
Name: Maria Sandra

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Date of Birth: 31st of May 1975

Nationality: Spanish

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QUALIFICATIONS

- Qualified by the Spanish Government by the National University Education Council (ANECA) as Ordinary Professor (2010).
- PhD (2008) School of Health in Social Science, The University of Edinburgh, Scotland. *“Eating Disorders in patients with a diagnosis of Irritable Bowel Syndrome. A multimethod study”*.
- MSc by Research. The University of Edinburgh, Scotland (2001-2002) *“The impact of a nurse led cognitive behavioural therapy treatment programme upon health related quality of life in patients with bulimia nervosa”*.
- MSc in Nursing. The University of Edinburgh, Scotland (2000-2001) *“Support groups for caregivers of people with severe and enduring mental illness: a proposed study in the Spanish setting”*.
- EANS Summer School Programme for Doctoral Studies, The School of Nursing, Midwifery and Social Work. The University of Manchester, England. (June, 2005).
- EANS Summer School Programme for Doctoral Studies The University of Bergen, Norway. (June, 2004).
- EANS Summer School Programme for Doctoral Studies The University of Lund, Sweden. (June, 2003).
- Postgraduate Course in Psychiatric and Mental Health Nursing. (1996-1997) Clínica Universitaria de Navarra, University of Navarra. Pamplona, Spain.
- BSc in Nursing Studies (1993-1996). Faculty of Nursing, University of Navarra. Pamplona, Spain.

ACADEMIC EXPERIENCE

- Professeure (Oct 2015 to date). Université Libre de Bruxelles. École de Santé Publique (CR Approches sociales de la santé). Brussels (Belgium).
- Professeure Invitée (Sept. 2012 to date). Master en Santé Publique. Université Catholique de Louvain, Brussels (Belgium).
- Lecturer (Oct. 2012 to date). Nursing Department. Erasmus Hogeschool Brussel (EHB). Brussels (Belgium).
- Lecturer (2003-to date). Lecturer on the areas of Psychosocial Nursing, Psychiatric and Mental Health Nursing, Health Education and Health Promotion (Undergraduate Programme) and Research Methods (Master's Degree Programme). Department of Community Health & Maternal and Child Nursing. School of Nursing, University of Navarra. Pamplona, Spain.
- Assistant lecturer (temporary basis) at the University of Edinburgh in the subject "Dynamics of Group Behaviour" (October 2003- March 2004).
- Assistant lecturer (temporary basis) at the University of Edinburgh in the subject "Dynamics of Group Behaviour" (October 2002- March 2003).
- Assistant lecturer (temporary basis) at the University of Edinburgh in the subject "Dynamics of Group Behaviour" (October 2001- March 2002).
- Assistant lecturer (1999-2000). School of Nursing, University of Navarra. Pamplona, Spain.

EMPLOYMENT DETAILS

- Lead Researcher in the Project : "Collaboration en vue de l'actualisation du site web EB-Nursing ainsi que des directives et des échelles disponibles sur ce site web". **Université Catholique de Louvain** and University of Gent". Project led by the Université Catholique de Louvain, Brussels (Belgium) (Ongoing).
- Research Associate (Oct 2013-to date) **EuroCare** (The European Alcohol Policy Alliance). Responsible for the Task 6 of WP5 European Commission Joint Action- RARHA (Reducing Alcohol Related Harm): *Good practice principles in the use of drinking guidelines to reduce alcohol related harm- Consumer Survey*. RARHA- European Commission Joint action for Reducing Alcohol Related Harm.
- Lead Researcher in the Project "*Ten years of Nursing Research in Belgium. From research recommendations to actual implementations*" Université Catholique de Louvain and University of Gent". Project led by the Université Catholique de Louvain, Brussels (Belgium). (Dec 2013- Nov 2014).
- **Maître de Conférences** (June 2015 to date). Université Libre de Bruxelles. École de Santé Publique Brussels (Belgium).
- **Professeure Invitée** (Sept. 2012 to date). Université Catholique de Louvain, Brussels (Belgium).
- **International Coordinator & Lecturer** (Oct. 2012 to date). International Coordinator. Nursing Department. Erasmus Hogeschool Brussel. Brussels (Belgium).

- June 2003 to date, Lecturer. Department of Community Health & Maternal and Child Nursing. School of Nursing, University of Navarra. Pamplona, Spain.
- August 2007 to March 2008. Clínica Psiquiátrica Padre Menni. RN. Bank nurse. (Psychiatric Unit). Pamplona, Spain.
- June 2003 to December 2004, Staff Nurse. RN. Huntercombe Edinburgh Hospital, Uphall. West Lothian, Scotland.
- October 1999 to June 2003, Assistant Lecturer. School of Nursing, University of Navarra. Pamplona, Spain.
- December 1998 to September 1999, Operating Theatre Nurse. RN. Clínica Santiago de Huesca. Huesca, Spain.
- October 1997 to October 1998, Staff Nurse. RN. Project “Proyecto de Atención Sanitaria en el Llano Amazónico” of Caritas Iquitos (Project: Primary Healthcare at the Amazon River Basin) Caritas Iquitos, Perú.
- October 1996 to September 1997, Psychiatric Nurse. RN. Clínica Universitaria de Navarra. Pamplona, Spain.
- July 1996 to September 1996. Primary Care Nurse. CEPROS. Obispado de Chiclayo. Lambayeque, Perú.

CONGRESSES' COMMUNICATIONS

- Kydd A., Tsudi-Madsen C., Tricas-Sauras A (2015) An Intensive Programme Experience to Develop Transcultural Compassion in Nursing. 4th ETNA International Conference - “Reclaiming compassion as the heart of Nursing”. Budapest, Hungary (28th -30th June).
- Darras E., Tricas-Sauras S., Eggermont K., Verhaeghe S. (2015) 10 Years of Nursing Research in Belgium. 6th Congrès mondial des infirmières et infirmiers francophones. Défi des maladies chroniques, un appel à l’expertise infirmière. Montréal, Canada (31st May-5th June).
- Darras E., Tricas-Sauras S. (2015) 10 Ans de recherche infirmière. Journée internationale des infirmières et infirmiers. ACN. Namur, Belgium (12th May).
- Tricas-Sauras, S. (2014). Developing internationalization in Nursing studies, a Belgian example. Coehre Conference. Health and Social Care Perspectives for a Sustainable Future. Budapest, Hungary (22-24th April).
- San Martin, R. & Tricas-Sauras, S. (2015) Opening the black box: relationship between nursing practice and ambiguity and conflicting roles. (Abriendo la “caja negra”: relación entre el entorno de práctica de las enfermeras y la ambigüedad y conflicto de rol). Jornadas Nacionales de Enfermeras Gestoras. Pamplona, Spain (15-17 April, 2015). Distinction: Price Accésit.
- Tricas-Sauras, S. (2014) Emergence de la recherche infirmière la reconnaissance de nouveaux domaines d’expertise. Dix ans de recherche infirmière en Belgique. Colloque PRAQSI. Bruxelles, Belgium (5th Dec, 2014).

- Tricas-Sauras, S. (2013) Identification des Troubles Alimentaires. Un défi potentiel pour les soins infirmiers. 4th Colloque PRISCI. Multifacettes de la Recherche Infirmière. Brussels, Belgium. (12th Dec, 2013).
- Chaves, C.; Duarte, J.; Vale, P.; Teixeira, M.; Tricas-Sauras S.; & Kydd A. (2013) Chronic disease and mental health perception. IAS Conference for Academic Disciplines. Freiburg, Germany (3rd-6th Dec).
- Tschudi-Madsen, C.; Kydd A., Tricas-Sauras, S. (2013) Student learning in Intensive Programs. Riga Medical College of the University of Latvia. 4th International Scientific Conference. New Approaches to Improving Health Care Education: Today and Tomorrow. Riga, Latvia (17th-18th October, 2013).
- Belintxon M, Lopez-Dicastillo, O. Pumar-Méndez, MJ. Tricas-Sauras, S. (2013) An ethnographic study to explore cultural encounters in health centres in Spain: a research protocol (2013) 1st World Congress on Children and Youth Health Behaviors & 4th National Congress on Health Education. Viseu, Portugal. (May , 23rd to 25th).
- Lopez-Dicastillo, O. Pumar-Mendez, MJ. Tricas-Sauras, S. Serrano-Monzó, I. Lozano, C. Vidaurreta, M. Belintxon-Martin, M. (2012) How health promotion for children in Spain could be improved? 5th Annual European Public Health Conference 2012. All Inclusive Public Health. Valleta, Malta (Nov, 7th -10th).
- Tricas-Sauras, S.; Smith GD.; Watson R.; Penny K. (2011). Nurses' attitudes and knowledge towards patients with IBS and EDs. Seminar. 14th East Asian Forum of Nursing Scholars (EAFONS). Research methodology for building nursing evidence. Seoul, Korea (Feb, 11th-12th).
- Vivar, CG. Serrano Monzó, I. Lopez-Dicastillo, O. Pumar-Méndez, MJ. Tricas-Sauras, S. Gordo Luis C. (2011) Salud infantil y necesidades percibidas: la visión de los profesionales de centros de salud. (Oral Presentation). XV Encuentro Internacional de Investigación en Enfermería. Madrid: Unidad de coordinación y Desarrollo de la investigación en Enfermería. Instituto de Salud Carlos III. Madrid (Spain).
- López de Dicastillo, O. Tricas-Sauras, S. Pumar-Méndez, MJ. Serrano Monzó, I. Vivar, CG. Gordo-Luís C. (2011) Retos en la recogida y el análisis de datos del proyecto SINERGIA: consecuencias de la "diversidad". (Oral Presentation). IBERACUAL Conferencia Iberoamericana de investigación cualitativa, Granada (Spain)
- López de Dicastillo, O.; Goñi R., Senosiain JM.; Serrano I.; Tricas-Sauras S.; Arantzamendi M. (2010) Programa e-practicum: tecnología web para el seguimiento y evaluación de los alumnos del Grado en Enfermería de la Universidad de Navarra. (E-practicum programme: web technology applied to mentorship and evaluation of graduate students at the University of Navarra). Conferencia Nacional de Directores de Centros Universitarios de Enfermería (Spanish national council of nursing education conference). Murcia, Spain. (3rd-4th).
- Cano-Prous A.; Martín-Lanas R., Beunza-Nuin M.; Tricas-Sauras S.; Lahortiga-Ramos F.; Aubá-Guedea E. (2010) *Does the number of children take a role in marital dysfunction?* European Society on Family Relations 5th Congress. Università Católica Sacro Cuore. Milán, Italy. (Oct, 10th-13th)
- Martín R, Beunza M, Cano A, Tricas S, Manrique E, Aubá E. (2010) *Study of Marital Communication in Marriages with Infidelity*. European Society on Family Relations 5th Congress. Università Católica Sacro Cuore. Milán, Italy. (Oct, 10th-13th).

- López de Dicastillo, O.; Arantzamendi M.; Goñi R.; Senosiain JM.; Serrano I.; Tricas-Sauras S. (2010). *Desarrollo del Practicum en enfermería basado en la adquisición de competencias*. IV Jornadas de Profesorado de Centros Universitarios de Enfermería: “Avances en la formación e investigación enfermera”. I Jornadas Internacionales de Profesorado en Enfermería. (Nursing Practicum development based on the use of competences. IV Nursing School Congress. Advances in the education of nursing research. I International Nursing Education Congress). Valladolid, Spain (26th-27th Feb).
- Martín R., Cano A., Manrique E., Tricas S., Aubá E., Beunza M., Mayner G., Lahortiga F. (2009) *Análisis de la comunicación conyugal en matrimonios con infidelidad*. (Analysis of marital communication in couples experimenting infidelity). XIII Congreso Nacional de Psiquiatría. Palacio de Congresos, Madrid, Spain. (Oct 22nd-24th).
- Cano A., Manrique E., Tricas S., Martín R., Aubá E., Beunza M., Mayner G., Lahortiga F. (2009) *Estudio de la satisfacción conyugal y familiar en matrimonios con infidelidad*. (Study of marital and family satisfaction in couples experimenting infidelity). XIII Congreso Nacional de Psiquiatría. Palacio de Congresos, Madrid, Spain. (Oct 22nd-24th).
- Manrique E., Cano A., Martín R., Tricas S., Aubá E., Beunza M., Mayner G., Lahortiga F. (2009) *Infidelidad conyugal: análisis descriptivo*. (Marital infidelity: a descriptive study). XIII Congreso Nacional de Psiquiatría. Palacio de Congresos, Madrid, Spain. (Oct 22nd-24th).
- Tricas-Sauras, S., Beunza-Nuin M, Cano-Prous A. (2009) *A practical approach of using the genogram in family therapy. A perspective*. 9th International Family Nursing Conference. Reykjavík, Iceland. (June 2nd-5th).
- Tricas-Sauras, S., Beunza-Nuin M, Cano-Prous A. (2009) *Identifying infidelity in family therapy*. 9th International Family Nursing Conference. Reykjavík, Iceland. (June 2nd -5th).
- Beunza-Nuin M, Tricas-Sauras S, Martin-Lanas R, Cano-Prous A (2008) *The Use of Genograms in Family Therapy. A Spanish Experience*. 4th Congress of the European Society on Family Relations, Jyväskylä, Finland. (Sept.23th-27th). Distinction : 1st Prize.
- Cano Prous A, Beunza Nuin M, Tricas-Sauras S, Aubá Guedea E, Martín Lanas R (2007) *Uso del genograma en la identificación de patrones disfuncionales en una unidad de terapia familiar* (The use of genograms towards identifying dysfunctional patterns in a family therapy unit). 2007. XI Congreso Nacional de Psiquiatría, Santiago de Compostela, Spain. (September 24th-28th).
- Tricas-Sauras, S. (2007) *Educación para la salud: Educación sanitaria en el ámbito hospitalario. Paciente crónico y paciente con diagnóstico reciente* (Health Education: Sanitary education in a hospital environment. Chronic patient and patient with recent diagnosis). Course on Continued Education for Nurses organized by the Clínica Universitaria, of the University of Navarra. Pamplona. Spain. (November 20th).
- Tricas-Sauras S & Smith GDS (2005) *Identificación de trastornos de la conducta alimentaria potenciales en pacientes que padecen el síndrome del colon irritable* (Detection of potencial EDs in IBS patients). 50th Internacional Congress, Universidad de Navarra. Pamplona, Spain. (March 20th).
- Tricas-Sauras S. & Smith GDS (2004) *Health related quality of life in the irritable bowel syndrome: quantitative assessment using a generic measurement tool*. RCN

Annual International Nursing Research Conference. University of Cambridge. Cambridge, England, UK. (March 21st to 24th).

- Smith GD, Tricas-Sauras S & Papachrysostomou M (2004) *Identification of eating disorders (ED) in patients with irritable bowel syndrome (IBS) attending a gastrointestinal (GI) out-patient clinic*. RCN Gastroenterology & Stoma Care Conference. Telford International Centre. Telford, UK. (November 11th-12th).
- Tricas-Sauras S, Eizaguirre M, Iriarte E, Carrascal E, Ansó P. (2000) Estudio de la Evolución del Proceso de Atención de Enfermería en las Publicaciones de Lengua Española. (Evolution of the nursing process within the Spanish nursing literature). III Internacional Symposium on Nursing Diagnosis: From Nursing Conceptualization Towards Informatization. University of Navarra, Pamplona. (May 25th-26th).

PUBLICATIONS

- Karam M., Macq J., Darras E., Tricas-Sauras, S. (2016) “Interprofessional Collaboration between Primary care Physicians and Emergency Department teams in Belgium: a qualitative study”. Submitted to Health Services Management Research (awaiting response).
- Tricas-Sauras S. ; Filion N ; Piron, C ; Verhaeghe S ; Van Durme Th ; Karam, M ; Darras, E. (2016) Inventaire et mise à disposition de recommandations pour la pratique infirmière. Les projets BeST et Guidelines III. Bruxelles : Service Public Fédéral Santé Publique, Sécurité de la Chaîne alimentaire et Environnement.
- Tricas-Sauras S. ; Filion N ; Piron, C ; Verhaeghe S ; Van Durme Th ; Karam, M. ; Darras, E. (2016) Inventarisering en terbeschikkingstelling van aanbevelingen voor de verpleegkundige praktijk. Het project Guidelines. Brussel : Federaal Wetenschapsbeleid en FOD Volksgezondheid, Veiligheid van de Voedselketen en Leefmilieu.
- Tricas-Sauras., Kazcmarec A., SanMartin L. (2015) Consumer survey on communication of alcohol associated risks. European Alcohol Policy Alliance, European Commission. (In press).
- Darras E., Tricas-Sauras S., Verhaeghe S., Eggermont K. (2014) *Ten years of Nursing Research in Belgium. From research recommendations to actual implementations*. Brussels: Federal Public Service Health, Food Chain Safety and Environment.
- Tricas-Sauras S. & Kazcmarec A. (2014) *A literature review on good practice principles in the use of drinking guidelines to reduce alcohol related harm*. European Alcohol Policy Alliance, European Commission.
- Chaves, C. Duarte, J. Nelas, P. Coutinho, E. Matins, M. Vale, P. Teixeira, M. Paiva, T. Tricas-Sauras, S. Kydd, A. (2014) Chronic Disease and Mental Health Perception. *Humanities and Social Sciences Review*. 3(1)141-150.
- Kydd, A. Tschudin-Madsen, C. Chaves, C. Tricas-Sauras, S. (2014). A Qualitative Evaluation Study of Intensive Programs (IPs): Transcultural Nursing Education. *International Journal of Arts and Sciences (IJAS)* (3)1 609-616.
- Tricas-Sauras S. & Garnes N. (2013) Alcohol, marketing and social media in adolescence and young populations. European Alcohol Policy Alliance, European Commission.
- Díez Martínez de Morentín, C. Soutullo Esperón, S. Tricas-Sauras, S. Beunza Nuin, M. Pereda Sotos, T. Machiñena Gracia, K. (2013) Eficacia de un programa de

psicoeducación aplicado por enfermeras y dirigido a padres de niños con trastorno por déficit de atención e hiperactividad. *Revista de Psiquiatría Infanto-Juvenil*. 30(1) pp. 55-63.

- Lopez-Dicastillo, O. Pumar-Méndez, MJ. Tricas-Sauras, S. Serrano-Monzó, I. Lozano, C. Vidaurreta, M. Belintxon-Martin, M (2012) How health promotion for children in Spain could be improved? *European Journal of Public Health*: 22 (suppl 2): 291. 2012. ISSN: 1101-1262.
- Errasti Ibarrondo B. & Tricas-Sauras S. (2012) La visita flexible en las unidades de cuidados intensivos. Beneficios para los familiares del paciente crítico. *Enfermería Intensiva*. 23 (4) pp 179-188.
- Pumar-Méndez, M.J. Lopez-Dicastillo, O. Serrano Monzó, I. Lozano, C. Belintxon, M. Vidaurreta, M. "Piensan que todos los padres somos exagerados". Percepciones de padres y profesionales sobre la salud infantil (2012). [Libro de ponencias del congreso: XVI Encuentro Internacional de Investigación en Cuidados](#). Instituto de Salud Carlos III. Unidad de Investigación en Cuidados de Salud (Investén-ISCII), Cartagena. 2012. ISBN: 978-84-695-6114-0. (387-388).
- Lopez-Dicastillo, O. Tricas-Sauras, S. Pumar-Méndez, MJ. Serrano Monzó, I. Vivar, CG. Gordo Luis, C. (2011) Retos en la recogida y el análisis de datos del proyecto SINERGIA: consecuencias de la "diversidad". En: Andréu Abela, J. Pérez Corbacho, A.M. Ed. [Actas de la conferencia iberoamericana de investigación cualitativa](#). Volumen 2. Universidad de Granada. 2011. ISBN-10: 84-695-3658-3. ISBN-13: 978-84-695-3658-2. (32-35).
- Vivar, CG. Serrano Monzó, I. Lopez-Dicastillo, O. Pumar-Méndez, MJ. Tricas-Sauras, S. Gordo Luis, C. Salud infantil y necesidades percibidas: la visión de los profesionales de centros de salud (2011). [Libro de ponencias del XV Encuentro Internacional de Investigación en Enfermería](#). Madrid: Unidad de coordinación y Desarrollo de la investigación en Enfermería. Instituto de Salud Carlos III. 2011. ISBN 978-84-694-9259-8. (146-148).
- Tricas-Sauras, S. (2011) Commentary on "Treading the tightrope between motherhood and an eating disorder: A qualitative study". *International Journal of Nursing Studies*. (Accepted).
- Tricas-Sauras, S. (2011). "Presencia de los Trastornos de la Conducta Alimentaria en la vida adulta". *Enfermería Clínica* (Accepted).
- La Rosa-Salas, V & Tricas-Sauras, S (2008) *Equity in Health Care*. Cuadernos de Bioética, 19(66) 355-368.
- Tricas-Sauras, S & López de Dicastillo Saiz de Murieta, O (2008) *Diabolo or Diabolic*, Nursing Research. Published online at http://www.nursing-research-editor.com/documents/lte_Dicastillo.
- Tricas-Sauras, S (2006) *Psychosocial strategies for obesity*. Journal of Advanced Nursing, 55 Issue 6, 265-266.
- Tricas-Sauras, S (2006) *Trastornos de la conducta alimentaria, medios de información y rol del profesional de la salud* (Eating Disorders, media and the role of health professionals) *Atención Primaria*, 38 (2) 132.
- Tricas-Sauras, S (2006) *Consideraciones en relación con la propuesta de investigación "La enfermera psiquiátrica comunitaria como recurso para la formación del profesorado de educación secundaria en la prevención escolar de la anorexia nerviosa"* (Considerations in relation to the research proposal: the psychiatric nurse as a resource towards preventing anorexia nervosa within secondary education). *Nure*

Investigación. Published online at:
http://www.nureinvestigacion.es/cartas_detalle.cfm?ID.

BOOKS

- Serrano I.; Senosiain JM.; López de Dicastillo, O.; Goñi R.; Arantzamendi M.; Tricas-Sauras S. (2011). *La práctica tutelada en el Grado de Enfermería*. Universidad de Navarra. ISBN: 84-8081-206-0. (Mentoring internships in the Nursing Grade). Ediciones Eunate, Pamplona.

GRANTS

- September 2015- September 2018. “Rainbow Network: Education for Transcultural Competence and Family Health” Erasmus+ Programme - (Projektnummer: 2015-1-SE01-KA203-012338). Mid Sweden University, Erasmus Hogeschool Brussel, Instituto Politécnico de Leiria & Polytechnic Institute of Viseu.
- June 2015- April 2016. “Collaboration en vue de l’actualisation du site web EB-Nursing ainsi que des directives et des échelles disponibles sur ce site web”. Université Catholique de Louvain and University of Gent. Grant by the Service Public Fédéral. Santé Publique, sécurité de la chaîne alimentaire et environnement. Belgium.
- November 2013-Oct 2014. “Recherche SPF: 10ans de recherche infirmière” Université Catholique de Louvain and University of Gent. Grant by the Service Public Fédéral. Santé Publique, sécurité de la chaîne alimentaire et environnement. Belgium.
- October 2009-Oct 2013. Proyecto: Elaboración de un instrumento para la valoración de las necesidades de salud de la población infantil. Ministerio de Ciencia e Innovación Proyectos de Investigación en Salud. (Project: Development of an instrument to evaluate health needs in children. Ministry of Science and Innovation. Spanish Government. Department of Health, Spain).
- November 2009-Dec 2011. Phase I. Proyecto: Elaboración de un instrumento para la valoración de las necesidades de salud de la población infantil. (Project: Development of an instrument to evaluate health needs in children). PIUNA. Plan de Investigación Universidad de Navarra. (Research Action, University of Navarra, Spain).
- December 2009-Dec 2011. Main Researcher. Proyecto “Estudio de la infidelidad conyugal mediante una metodología combinada”. PIUNA. Plan de Investigación Universidad de Navarra. (Research Action, University of Navarra, Spain).
- October 2002-Nov 2004: “Asociación de Amigos de la Universidad de Navarra”. University of Navarra, Pamplona, Spain.
- October 2001-Sept 2002: “Fundación la Caixa” and Escuela de Enfermería Santa Madrona, Barcelona, Spain.
- October 1999-June 2001: “Asociación de Amigos de la Universidad de Navarra” University of Navarra, Pamplona, Spain.
- October 1997- Sept 1998: “Government of Navarra and Pro-Perú Association” towards funding the Project: Atención Sanitaria en el Llano Amazónico, Perú.

MANAGEMENT EXPERIENCE

- October 2012. International Coordinator at Erasmus Hogeschool Brussel. Management of international agreements for nursing. Incoming and outgoing students' placements agreements and supervision.
- August 2009. Appointed as 2nd year coordinator of the Nursing program, which entailed planning and supervision of the academic year and management of all the lectures and lecturers involved in students' education throughout the course.
- Experience in managing the Grants (see above) obtained both at an economic level and human resources.

MEMBER OF SOCIETIES/ GROUPS

- Scientific Collaborator (Collaborateur scientifique) at ULB (Université Libre de Bruxelles), Belgium.
- Member of the The Mental Health and Wellbeing Research Group (MENT) collaborarion between Vrije Universiteit Brussel (VUB) and Erasmus Hogeschool Brussel, Belgium.
- Member and coleader of INFIMOSA Project at EhB. Promotion de la formation des infirmi(è)r(e)s, orientée vers le management d'un centre de santé en milieu rural africain. Congo.
- Elected member of COHEHRE (Consortium of Institutes of Higher Education in Health and Rehabilitation in Europe). (Nominating Committee elected member).
- Consultant at the Monitoring Committee of the (CSETH) Polytechnic of Viseu, Portugal. Research Centre. "Centre for the Study of Education, Technologies and Health" (CSETH). Viseu, Portugal.
- Ilustre Colegio Oficial de Enfermería de Huesca. Spain (*Spanish Central Council for Nursing*).
- United Kingdom Central Council for Nursing, Midwifery and Health Visiting (number 149474).

LANGUAGES

- Spanish: Mother tongue.
- English: Proficiency level certificate. Cambridge University.
- English: Proficiency level in writing, listening and speaking. IALS, The University of Edinburgh, Scotland.
- Italian: Advanced level in writing, listening and speaking. Institute of Applied Languages (IALS), The University of Edinburgh, Scotland.
- French: Advanced level in writing, listening and speaking. Instituto de Idiomas, Universidad de Navarra, Pamplona (Spain). EPFC, Université Libre de Bruxelles. (Belgium).
- Dutch: Summer Intensive Course "Joos Floorquin" (2012) at Universiteit Katholiek Leuven, Belgium.
- Dutch: Advance level (C1) Huis van het Nederland. Brussels, Belgium.

RECENT EXCHANGE PROGRAMMES

- Lecturer at the Rainbow Nursing Intensive Programme (Oct 2014 and 2nd March-15th March 2015) Instituto Politécnico Leiria, Leiria, Portugal.
- Lecturer at the Rainbow Nursing Intensive Programme (Oct 2013 and 1st-15th March 2014) University of Latvia. Riga Medical College, Latvia.
- Lecturer at the Rainbow Nursing Intensive Programme (23 February-10th March 2013) Hogeschool Van Amsterdam, Amsterdam University of Applied Sciences.
- Lecturer exchange. February 2012. Hogeschool Universiteit Brussel (HUB). Brussels, Belgium.
- Project leader. Proyecto Social Chiclayo 2010 (Health interventions and Lecturing at the University of St. Toribio de Mogrovejo. Peru). June-July 2010. Chiclayo, Peru.
- Lecturers' exchange programme (Erasmus Grant for Lecturers). February 2009. University of Glasgow Caledonian. Glasgow, Scotland. UK.

OTHERS

- Expert "Evalueateur" for the Bureau innovation et recherche clinique (PF4) DGOS, Ministère des Affaires Sociales et de la Santé. France.
- Consultant at the Monitoring Committee of the (CSETH) Polytechnic of Viseu, Portugal. Research Centre. "Centre for the Study of Education, Technologies and Health" (CSETH). Viseu, Portugal.
- Member of PRISCI, Pôle de Recherche Interdisciplinaire en Sciences et Clinique Infirmières. Université Catholique de Louvain. <https://www.uclouvain.be/irss-prisci.html>
- Reviewer of the scientific nursing journal: "Enfermería Clínica".
- Reviewer of the scientific international journal : "Revue francophone internationale de recherche infirmière".
- International reviewer in the McMaster Online Rating of Evidence System.
- Collaborating editor for the health observatory "Faros Sant Joan de Déu. Observatorio de la salud de la infancia y la adolescencia" <http://www.faroshsjd.net/home.php?lang=1>