# ANNUAL REPORT 2022

COHEHRE

COHERRE
CONSORTIUM OF INSTITUTES OF HIGHER EDICATION IN HEALTH AND REHABILITATION

# **ABOUT COHEHRE**

COHEHRE, established in 1990, is a non-profit organization with an exceptionally active network.

We bring together students and academic staff from member higher education institutions across Europe.

An organisation committed to promoting, developing and supporting interprofessional learning, teaching and research as well as improving collaborative practice and enhancing strategic management.

COHEHRE enables opportunities for networking, sharing of information, best practice and experiences in the area of interprofessional education and learning in the fields of health, social care and rehabilitation.

# 03



# MESSAGE FROM THE COUNCIL



# Settling into a 'new normal'



In 2022 we settled into a 'new normal', leaving the pandemic behind us. COHEHRE stayed on course, continuing to provide interesting activities. Aside from focusing on the organization of activities we also considered the long-term implications for us as an organization and looked at COHEHRE under a magnifying glass.

In our analysis, we not only noticed the impact of the social, political, and economic consequences on organizing activities, we also felt that COHEHRE needed a new structure in order to survive and grow. Therefore, 2022 was a thinking process which will result in a proposal at the General Assembly.

The highlight of this year undoubtedly was the conference in Rotterdam. In this time of uncertainty, it was a moment of recapturing and rekindling our international relations.

# CHANGES IN THE COUNCIL AIJA AHOKAS

We have to say goodbye with great fondness to Aija Ahokas, a dedicated, vibrant, long-serving member of the COHEHRE family this year. Aija is known for her kindness and professionalism in everything she takes on within the COHEHRE Academy and the Council. Her patience, encouragement and dedication have been very much valued during her term in the council where she was actively steering COHEHRE onward and upward. We will cherish our time with Aija -and her great sense of humor- and wish her all the best in her future endeavors!

# ANTÓNIO MANUEL DOS SANTOS FERREIRA

António Manuel Dos Santos Ferreira (Escola Superior de Saúde Norte da Cruz Vermelha Portuguesa, Portugal) has been elected a new board member. His expertise lies in nursing and internationalisation. He has been involved in COHEHRE for many years as participant in the activities as well as being part of the COHEHRE Academy team. His interest in research and innovation, experience with student mobility programs in combination with being a great communicator will be an added bonus for the Council.

# COHEHRE: What we stand for

# UNITE

We bring together students and academic staff from member higher education institutions across Europe.

# ACT

An organisation committed to promoting, developing and supporting interprofessional learning, teaching and research as well as improving collaborative practice and enhancing strategic management

# COMMIT

COHEHRE enables opportunities for networking, sharing of information, best practice and experiences in the area of interprofessional education and learning in the fields of health, social care and rehabilitation.

# VISION

- Leading place for enabling opportunities for networking, sharing information, best practice and experiences in the area of interprofessional education and learning.
- A hub for higher education professionals, practitioners and other professionals where they could connect through courses, webinars, conference.
- Dynamic platform for member institutions and potential partners that stimulates international education.
- Bring together researchers to produce articles, instigate collaborations, find partners.
- An environment that promotes, develops and supports interprofessional learning, teaching and research as well as improves collaborative practice and enhancing strategic management.
- A stable but flexible organisation which is able to grow and that contributes significantly to the realisation of its international ambitions and profiles of its member institutions.
- Empowers collegiality and maintains a learning community to which member institutions contribute academic personnel and ideas.



# MISSION

### COHEHRE ACADEMY

The aim of COHEHRE Academy is to facilitate international, interdisciplinary, interprofessional, innovative cooperation and capacity building among COHEHRE members. The COHEHRE Academy acts as a platform, which initiates, supports and coordinates different activities. It offers opportunities to create, stimulate and intensify networking between partner institutions as well as to develop joint initiatives.

### COHEHRE RESEARCH

The COHEHRE Research is a growing part of the consortium and has an active role in undertaking initiatives and acting as a platform that initiates, supports and coordinates different research activities among and in collaboration with the partner institutions. It offers opportunities to create, stimulate, found and intensify networking of partner institutions and to develop joint research initiatives. COHEHRE Research creates an extra dimension and gives an added value to participation in the consortium.

## COHEHRE STRATEGIC MANAGEMENT

COHEHRE Strategic Management provides a dynamic and energized forum in which strategic managers are able to discuss and develop strategic partnership working, share issues affecting the financing and development of programmes of higher education and research as well as developing innovative ways of collaborative working to access sources of European and other international funding. Apart from this we also foster and offer strategic support to collaborative working between member institutions and meet at the annual conference with facilitation from leaders in the field.



# **ACADEMY EVENTS**

STUDENT COURSES

INTERDISCIPLINARY PROGRAMME ON PALLIATIVE AND END-OF-LIFE CARE (IPPE)

IPPE focuses one end-of-life issues and quality of life.

The programme wants to meet the physical, psychological, social, spiritual, and practical needs of patients and caregivers from an interprofessional perspective.

IPPE has been developed in cooperation with 10 European Universities (including Kosovo, Russia, Belarus and Ukraine) and the University of Connecticut UCONN (USA).

### PUBLIC HEALTH

The programme offers a client-based perspective on the delivery of health care and rehabilitation, as well as a professional perspective on the development and delivery of health care in the countries involved.

The course is an introduction to the current and innovative issues within health care. The course offers an introduction for exchange students to their study period.



# INTERNATIONAL PROGRAMME ON PAEDIATRIC REHABILITATION

The central theme of the programme is 'Paediatric rehabilitation' after severe injury. The programme aims especially on the rehabilitation of children with developmental and acquired brain injuries (loco-motor and neurological pathologies).

The courses is developed with the expertise of the Child rehabilitation center of the University Hospital of Ghent (UZ Ghent).

# STUDENT CONFERENCE: DIVERSITY AND SOCIAL INCLUSION (DISI)

DiSI s a program of study aimed at enhancing awareness of different kinds of social inequalities rooted in many ways of diversity in our contemporary societies, including those that especially occur in a super-diverse environment. It will support the development of core competences in future educators, health care professionals and social workers with the help of an already piloted interdisciplinary model (ICIC) based on blended learning approach. This model could improve the sensibility to differences in cultural, socio-economic and health status, and the unequal distribution of social resources.



### FROM DISABILITY INTO ABILITY

The paradigm of the course makes a shift from disability being a personal problem of someone who has one of its functions performing in a different way to it being the consequence of social interaction places a greater emphasis on the organizational, social and cultural barriers, rather than the individual him/herself. The aim of this course is to create an opportunity for students to reflect on their role as enablers of abilities and potential, at an individual level, as well as their role in eliminating/diminishing social and organizational barriers.

# EMPOWERED BY MEANINGFUL EXPERIENCES IN NATURE

This course focuses on new professional competencies, but you will also learn a lot about yourself, your own values and relation towards nature and natural environment.

- How could we empower our clients to gain meaningful experiences supporting wellbeing?
- What is the importance of knowing myself as a reflective practitioner?
- Where can I find tools understanding deeper and being able to use possibilities of our environment?



# CHALLENGES OF THE FUTURE IN PAEDIATRIC REHABILITATION

### Outcomes of the course:

- Advanced Knowledge and understanding of the different aspects of early childhood development. Advanced knowledge and understanding of common clinical paediatric conditions.
- Ability to create innovative and socially adequate responses to specific health problems of specific children.
- · Ability to plan client focused strategies.
- In-depth reflection of their learning experience.
- Strategies to transfer this learning experience into their own reality. Strategies to work on and off-line in an international setting.
- In- depth reflection on similarities and differences in health and educational systems in Europe.

# **ACADEMY EVENTS**

STAFF COURSES

NEW ERASMUS 2021-2027: READY FOR THE NEXT DEADLINE?

Main objectives of the webinar and consultancies:

- To enhance the familiarity with prerequisites to plan Erasmus funded activities.
- To learn about different steps to be undertaken in reasonable time slots with home university and partner university for student/staff exchange or shared research/cooperation.
- To help international coordinators in doing the specific task of facilitating staff/student exchange
- To be given tips on how to write a successful proposal for application meeting the prefixed deadlines.
- To enhance familiarity with templates/documents demanded by the European Commission and the participating agencies NAs and the EACEA.
- To learn about personal skills to be possibly improved by using Erasmus and how these will be possibly implemented into a.o. health care professions and society, as well as in other professions, linked to the COHEHRE wide range of members and partners.



COHEHRECONFERENCE: URBAN HEALTH: INCLUSION AND SUSTAINABILITY IN SUPER-DIVERSE CITIES

The theme of the conference was "'Urban Health: Inclusion & Sustainability in super-diverse Cities", with 3 sub-themes:

- Students: Education & Diversity
   Clients: Practice & Diversity
- 3. Healthcare professionals: Labour market & Diversity

### **HOW TO WRITE AN ERASMUS PROJECT**

During their professional education and postgraduate studies and their working life, many health care professionals (but also other professionals) nowadays plan some time abroad encouraged by their faculty management to broaden their personal and professional expertise. Others plan multi-centered cooperation/research activities, which include the home university as well as selected partners. International coordinators are the ones to support these activities and should therefore be up-to-date and familiar with the Erasmus+ to facilitate all of the before-mentioned activities.



# PEDAGOGICAL BUILDING BLOCKS FOR ONLINE LEARNING

Main objectives of the webinar

- to gain knowledge of how different pedagogical approaches and online learning are related.
- develop practical skills and ideas on how to support your teaching with different pedagogies and digital tools. Transferring the knowledge gained to ones own teaching reality.
- to gain an understanding of the challenges that online learning has to different pedagogical approaches.
- to get an insight via "best practice examples" from different disciplines on how to efficiently teach online.



# **RESEARCH EVENTS**

### **ONLINE RESEARCH WEBINARS**

The online Research Webinars will be around this year Cohehre Conference topic "'Urban Health & sustainability in super-diverse cities" and subtopics:

a. Students: Education & Diversity b. Clients: Practice & Diversity

c. Healthcare professionals: Labour market

& Diversity



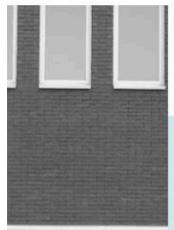
# STRATEGIC MANAGEMENT EVENTS

A CLOSER LOOK ON INTERNATIONAL PARTNERSHIPS: PART 1

This Cohehre webinar - the first of two - on international academic partnerships, will focus on broad trends and developments in the field since the beginning of the millenium. Internationalisation of Higher Education nowadays refers to "the intentional process of integrating an international, intercultural or global dimension into the purpose, functions and delivery of post- secondary education, in order to enhance the quality of education and research for all students and staff, and to make a meaningful contribution to society." (De Wit & Hunter, 2015)1.

International partnerships have a central role in this process. There is an emerging consensus that internationalisation should be intentional, quality- enhancing, inclusive and contributing to society.

An increasing focus on quality (instead of quantity) is indeed one of the tendencies in global higher education partnerships.





# A CLOSER LOOK ON INTERNATIONAL PARTNERSHIPS: PART 2

As managers of academies, faculties and training programmes we are aware of the importance of internationalisation in our policy. Seeing and recognizing new developments is one thing, but putting them into policy is something else. That's why we are proud to announce that Albert Nijboer, who is an expert on strategic networks, is willing to keep two presentations on this topic.

The second webinar will focus on strategic partnerships as a phenomenon in international higher education. What makes a partnership truly and effectively strategic? It will also discuss the difference between transactional and transformational partnerships, the latter resembling the concept of strategic partnerships but with a focus on achieving fundamental change within the partnering institutions.

# FINANCIAL REPORT

EVENUES	
Membership fees	€ 45.200
Conference fees	€ 44.956
COHEHRE Academy activities	€ 863
Reimbursement for wrongly paid	€ 337,17

Administrative office Update website & legal costs	€ 33.720,16 € 140,24	
Marketing & PR costs	€ 553,79	
COHEHRE Academy	2 mm = 2 m = 2 m .	€ 8.555,52
COHEHRE Research		€0
COHEHRE Strategic Management		€0
Conference costs		€ 29.031,36
Representation costs COHEHRE		€ 537,17
Audit		€0
Pre-conference meeting		€0
Travel / Accommodation		€ 6.363,46
Council (3x/year)	€ 6.363,46	
Project leaders	€0	
Other expenses		€ 118
Bank costs	€ 118	
Write-off open debtors		€0
	TOTAL EXPENDITURES	€ 79.019,70
JLT		€ 12.336,47

# **BALANCE REPORT**

ASSETS		
	31.12.2021	31.12.2022
Accounts receivable	X-111 - 2/	
Debtors	€ 8.154,90	€ 25.829,90
Cash funds	92 201	
Bank	€ 86.090,14	€ 83.656,61
Cash	€ 193,69	€ 193,69
Payments done for next year's conference	€0	€0
TOTAL	€ 94.438,73	€ 109.680,20

LIABILITIES				
		31.12.2021		31.12.2022
Payments in advance		€0		€0
Credit notes to make		€0		€0
Consortium reserve				
General reserve	€ 74.088,59		€ 93.628,37	
Result	€ 19.539,78		€ 12.336,47	
1000000		€ 93.628,37		€ 105.964,84
Accounts payable				
Creditors	€ 610,36		€ 3.315,36	
Invoice to receive	€ 200		€ 400	
		€ 810,36		€ 3.715,36
TOTAL		€ 94.438,73		€ 109.680,20

# THANK YOU

A huge shout-out goes to our team for their drive, relentlessly and voluntarily spending their valuable time on keeping COHEHRE on track. It is impressive how the team adapted to this new, challenging situation. We are grateful for their commitment to deliver exceptional work under this 'new normal'. The future might be full of challenges but if the past years have taught us anything is that we will be ready for whatever comes our way.

### Academy

António Ferreira, ESSNorteCVP, Portugal (Council member)
Margit Eidenberger, Austrian University of Applied Sciences, Austria (Council member)
Aija Ahokas, Metropolia UAS, Finland
Attila Dobos, Semmelweis University, Hungary
Filip Dejonckheere, Arteveldehogeschool, Belgium
Madalena Gomes Da Silva, IPS, Portugal
Annemie van den Dries, Belgium
Dina Alves, IPS, Portugal
Erich Weiss, Austrian University of Applied Sciences, Austria
Kate Meier, Odisee University, Belgium
Montse Romero, Vic-UCC, Spain
Rens Martijn, University of Applied Sciences Rotterdam, The Netherlands

### Research

Annemie Spooren, PXL University of Applied Sciences, Belgium (Council member) Ester Goutan, UVic-UCC, Spain (Council member) Célia Soares, Polytechnic institute of Setúbal, Portugal Niina Eklöf, South-Eastern Finland UAS, Finland

### Strategic Management

Marc Elie, HAN University of Applied Sciences, The Netherlands (Council member)
Patricia Claessens, Arteveldehogeschool, Belgium (Council member, President)
Githa Cajus, University College of Northern Denmark, Denmark
Katja Heikkinen, Turku University of Applied Sciences, Finland
Lucie Weissova, Jönköping University, Sweden
Stefan Kunz, SUPSI, Switzerland

### **COHEHRE Office**

Isabelle Delarivière Kirsten Garré

# **TOWARDS 2023**





# Embracing evolution in a new COHEHRE structure

2022

2023 will be a year of change, embracing the curve balls that have been thrown at us throughout the past years in the shape of Covid-19, inflation, power problems and war. Instead of reflecting and looking back, we need to embrace the transformation in our climate.

2023 will be a year in which COHEHRE takes the challenges to heart and will adopt a new structure. A new structure that will blow a fresh wind through the organization. A structure in which we nurture our existing members, celebrate our new members and actively steer the organisation onward and upward.

The vision on the future will be clearer through working within a new framework. It will put COHEHRE firmly on the map as the place to be for highlighting your institution, sharing and learning, finding partners, engage in activities and to be inspired. A platform where you can meet with kindred spirits in health, social care and rehabilitation which will boost your energy and motivation!