



Happy Power

Blended Intensive Program for Staff September 2nd- 6th 2024 Oulu, Finland

Happy Power BIP aims to empower HEI staff to support students in their academic and personal development. The pedagogy is based on research-based methods and focuses on positive thinking and flourishing.

BIP offers opportunities for staff members to learn about the pedagogy and methods that enable students to thrive and succeed. By adopting the happy power approach, HEI staff can create a supportive learning environment that promotes student well-being and academic success.

One goal of the BIP is also to create a network of staff members interested to develop pedagogy, methods and common projects based on positive thinking.

Happy Power-BIP will be organized in Oulu region (Finland) on September 2nd- 5th 2024 (+ 2 virtual meetings before the intensive course). The course fee is 200€/person.

Application period is on October 23th 2023 - February 15th 2024. The ones accepted to the course will be informed on March 2024. For more information and to apply, use the QR-code, this link <https://link.webropol.com/s/HappyPowerBIP> or send e-mail to Ulla-Maija Törmälä (ulla-maija.tormala@oamk.fi).

Let's empower our students to flourish in all aspects of their lives!



Program of the Happy Power BIP (draft)

Sunday
Sept. 1st

Travelling day
Arriving to Oulu
Moving to the
course location

Monday
Sept. 2nd

Familiarizing
Orientation
Theoretical and
pedagogical
principles
Learning by ones
own experiences
Reflections

Tuesday
Sept. 3th

Learning by ones
own experiences
Reflections

Wednesday
Sept. 4th

Learning by ones
own experiences
Reflections
Back to theory
and pedagogy

Thursday
Sept. 5th

Developing
network of
Happy Power
Working for
common
understanding

Friday
Sept. 6th

Developing
network for
Happy Power
Working for
common
understanding

Saturday
Sept. 7th

Travelling day
Back home

Before the intensive part of the BIP in Oulu Region (Finland), the participants will study and get to know each others in two virtual sessions. Times of them will be defined later.

The more detailed program will be shared by the end of June 2024.