



## **SPEAKERS AND ABSTRACTS COEHRE SYMPOSIUM 2025**

**THURSDAY 15.05.25**

### **KEYNOTE 2**

#### **The economic value of Healthcare systems. Analysis on healthcare expenditure data and discussion on cost-benefit of healthcare interventions.**

In discussions with health care systems we like to group countries along Bismarck and Westminster. Switzerland for example is following the German model of public health insurances (created by Bismarck), whereas Italy is following the British model providing health care through the state and financing it with taxes. This basic division influences many parameters. Amount and quality of state interventions plus market regulation also have to be taken into account and allow us to identify trajectories for development.



*Harald Plamper, Former Professor of Public Management Economic Value of Health Care Systems: Expenditure / Cost-Benefit / Trajectory of Development*

### **PARALLEL SESSION 1**

#### **More and more. Between challenges to the sustainability of the health system and the medicalisation of society.**

The last few decades have seen a great growth in the size and complexity of the healthcare system. Western countries have managed, by mobilising an increasing amount of resources, to accommodate the growth in social expectations and technological progress (knowledge, equipment, pharmacology, etc.).

Today, in Western countries, the question 'Will we be able to make all the answers we know available to all residents, so as to meet social expectations?' poses more difficulties and the answer is probably no. But then, 'What are people willing to give up?': this question is often not answered.



*Carlo De Pietro, Professor in health services policy and management, SUPSI*

Born and educated in Italy, Carlo moved in Switzerland about fifteen years ago. He holds a degree in economics and a PhD in public management. In the last 25 years, he has devoted his work to the health system. Over the years, his main interests have been human resource management and professional regulation, insurance economics, policy evaluation, and health services research.

### PARALLEL SESSION 3

#### **Ineq(ual)ity and healthcare: The Mixtape**

Understanding is a precondition for identifying, measuring and addressing inequalities and inequities in healthcare. The workshop will provide participants with the conceptual foundations of inequities in healthcare and an overview on common measurement tools. The content will be mobilised in a practical policy forum to discuss the design of a policy intervention to address a real-world exemplar situation of inequity in healthcare.



*Igor Francetic, Researcher, Phd in Health Economics*

Igor is an applied economist. He uses administrative and survey data to study various microeconomic topics related to health and healthcare, including inequities and inequalities, primary care markets and networks, and the interplay between mental healthcare services and labour market outcomes.

**FRIDAY 16.05.25**

### KEYNOTE 3

#### **The role of education in promoting sustainable practices**

The talk explores sustainability in healthcare education as a multidimensional concept, critically examining the language used to define it and the pedagogical frameworks it informs. It will address sustainability not only as a subject of instruction but as a methodological approach, highlighting strategies that support long-term, transformative learning. Particular focus will be given to the sustainability of faculty development, questioning the episodic nature of training initiatives and proposing strategies for lasting impact on teaching practices. The discussion will conclude by emphasizing the necessity of methodological consistency: sustainability cannot be effectively taught unless it is embedded in the very processes of faculty development.



*Manuela Milani, Professor, Education Manager Humanitas University, Milan*

Manuela Milani is currently the Education Manager at Humanitas University. With over 20 years of experience in faculty development, she has designed and implemented various professional development activities for academic staff, with a particular focus on fostering reflective competencies. Her publications include numerous articles on the use of cultural differences in teaching and learning, teaching observations, and the design and quality of faculty development programs.

## PARALLEL SESSION 1

### Wellbeing of students in the new millennium

This session explores the crucial role of teaching practices in promoting the wellbeing of students in health professions education. The discussion will focus on how the design of learning environments, teaching methodologies, and the quality of educational relationships can significantly impact students' emotional, psychological, and motivational balance. The session invites participants to engage in interactive activities and reflect on how educational strategies can become powerful tools for supporting student wellbeing throughout their academic journey.



*Paola Lampugnani, Educational Consultant – SEDIFO*

## PARALLEL SESSION 2

### Promoting sustainability in healthcare through the activity of professional networks



*Maya Zumstein-Shaha, Professor, SBK/ASI Swiss Nurses Association*

Maya Zumstein-Shaha is Professor and Deputy Head of the Master of Science in Nursing Program at the Bern University of Applied Sciences, Department of Health. She teaches and conducts research, and her expertise includes philosophy of science in Nursing, Advanced Practice Nursing, Nursing Theory Development, and Ethics. She holds several adjunct scholarships with Universities in Europe and the United States of America. Since 2020, she is Fellow of the American Academy of Nursing and since 2021, she serves as a member on the Board of the Swiss National Nurses' Association.

## WORKSHOP

### **The potential of meditation as a tool for stress management and team building in a pediatric hospital**

Working in a pediatric hospital requires healthcare professionals to be able to sustain high levels of stress due to the specialized nature of caring for children who are typically seen as a vulnerable population, the high potential for empathic involvement and the intrinsic complexities in relationships with families. These factors, together with the need to deal with increasingly complex and multi-professional environments, if not adequately considered, contribute to the onset of stress-related syndromes such as burnout.

In recent years, meditation has increasingly established itself as a tool that can have a significant impact on well-being and in particular it is establishing itself as a tool for managing work-related stress.

On these premises, the SOC Benessere Organizzativo has started an introductory activity to meditation aimed at all healthcare workers at the AOU Meyer IRCCS in order to support them and provide them with tools of proven effectiveness aimed at managing stress.



*Giulia Bazzani, Dr.*

Psychologist Specialist in Clinical Psychology and Psychotherapist  
Director SOC Benessere Organizzativo – AOU Meyer IRCCS  
Referent Meyer Teaching and Research



*Giulia Ricci, Dr.*

Clinical and Health Psychologist and Cognitive Behavioral Psychotherapist  
SOC Benessere Organizzativo - AOU Meyer IRCCS

**More info on the other speakers and their abstracts will follow soon!**