



## MINUTES COUNCIL MEETING 21 MARCH 2025

### 1. COEHRE STRATEGIC PLAN

Questions and suggestions have been discussed to come to a solid Strategic Plan.

### 2. UPDATE ON ACTIVITIES

- **Outcomes from the E-coffee meeting:**

- Look into **BIP regulations** for COEHRE speaker fee
- Organising **free webinar/master class** to attract more people and a means to attract more members.
- **2 masterclass proposals**  
Theme: Clinical Supervision  
Goal: To support nurses, and other professionals to support student and services to host students.  
Date: Follows soon.
- **Webinar: Mental health students**
- **Crisis in the classroom**  
Not free.  
New documents and break-even calculation have been uploaded on Teams.  
Elsie, the speaker, agreed to take it on in Autumn.  
It was agreed to proceed with the activity.  
It was proposed that when we reach enough applicants, to grant one scholarship for one of the course applicants. When the number of applicants is reached, open invitations for scholarship will be sent to the institutions.
- The need to have **activities to support our members** and to show them the **advantages of our membership** was expressed.
- Set up a **blog** for: COEHRE expert voices (members sharing opinion articles or publications). Not the whole paper, just short article.
- **Webinar AI** from Hans Le Roy  
It was suggested that this could be part of a free-monthly-activity for the

members.

Date: between now and June.

- It was suggested to organize a webinar on research of **stress and sleep in health care providers**

- **Progress on Symposium and Conference**

The proposed budget was submitted. It was asked to revise the budget since it showed a negative result.

During the symposium it should be tried to entice the attendants to post on the symposium on social media and to create a hashtag for people to share pictures. It was also proposed to look at the cost of council member attendance to finalize the attendance.

- **COEHRE Conference**

Universidade Católica Portuguesa Porto has agreed to host the conference. ESSNorteCVP applied for a BIP to support the Student Conference. It will be held in April 2026.

- Call to **share** LinkedIN connections to follow COEHRE.

### **3. ACTIVITY ORGANISATION FLOW + EXPLANATION**

Both council and organising team shared their thoughts on this.

### **4. ACTIVITY DESCRIPTIONS**

These activity descriptions will be sent to a host, who will organise one of the options.

### **5. NEWSLETTER**

Our first newsletter has been sent out. It was suggested to have 4 newsletters per year and in between other information could be shared on activities.

### **6. WEBSITE**

The website has been adapted to our new structure.

It was suggested to make a small video about activities that COEHRE developed in the past years, supported by a text/message. A spotlight on what we have achieved already. Could be sent out once more activities will be announced.