

ANNUAL REPORT 2023



COHEHRE
Consortium of Institutes of Higher Education in
Health and Rehabilitation



About COHEHRE

- International networking
 - Professional development
 - Share ideas and expertise
 - Innovation
 - Find potential partners
 - Interesting courses
 - Establish win-win relationships
-

COHEHRE, founded in 1990, is a non-profit organisation known for its highly engaged network. Its main goal is to unite students and academic professionals from member higher education institutions throughout Europe.

Dedicated to advancing interprofessional learning, teaching, and research, while also focusing on enhancing collaborative practices and strategic management.



COHEHRE provides a platform for networking, exchanging information, best practices, and experiences related to interprofessional education and learning in the realm of health, social care, and rehabilitation.

Message from the council

COHEHRE experienced a year of evaluation and contemplation



The COHEHRE narrative has unfolded over a period of 33 years, steadily evolving since 1990. Over the years, adjustments had to be made to ensure its relevance. In 2023, significant challenges stemming from the global situation, such as the pandemic, war and financial instability, were addressed.

With the unwavering support, dedication, and hard work of its volunteers and council members, the foundation for a new era of COHEHRE was established through the implementation of a new structure.



Changes in the council

Ester Goutan Roura



It's with great fondness that we say goodbye to Ester. Ester's crucial role in COHEHRE research development, with commitment and determination, led to successful scientific programmes at conferences, showcasing institutional expertise. Her enthusiastic, active participation and vibrant personality made her an excellent team player, laying the foundation for COHEHRE 2.0 alongside the council. We wish her the best in all her future pursuits.

We are delighted to welcome 2 new members to the Council. As they embark on this incredible journey, we wish them success in their new venture.



Katja Heikkinen

Turku University of Applied Sciences



Julie Vanderlinden

Odisee University of Applied Sciences

COHEHRE DNA

1 UNITE

We unite students and academic staff from member higher education institutions throughout Europe.

2 ACT

An organization dedicated to promoting, developing, and supporting interprofessional learning, teaching, and research while also enhancing collaborative practice and strengthening strategic leadership.

3 COMMIT

COHEHRE facilitates opportunities for networking, information sharing, best practices, and exchange of experiences within the realm of interprofessional education and learning in health, social care, and rehabilitation.

Mission & Vision



Vision

- A leading place that fosters opportunities for networking, exchanging information, best practices, and sharing experiences in the field of interprofessional education and learning.
- A central hub for professionals in higher education to connect through various avenues such as courses, webinars, conferences, and symposia.
- A dynamic platform that encourages international education for member institutions and potential partners.
- Facilitates the collaboration of researchers to produce articles and initiate partnerships.
- An environment that actively promotes, develops, and supports interprofessional learning, teaching, and research, while also enhancing collaborative practices and strategic management.
- A stable yet adaptable organization that is capable of growth and significantly contributes to the realization of its international ambitions and the profiles of its member institutions.
- Empowers a sense of collegiality and maintains a vibrant learning community where member institutions actively contribute academic personnel and innovative ideas.

Mission

Our mission is to promote international and academic collaboration, innovation and capacity building among COHEHRE members. COHEHRE acts as a platform to initiate, support and organize various activities. This provides an opportunity to create, inspire and strengthen relationships between partner institutions and develop joint ventures.

Alternate conferences and symposiums



Due to the economic pressures involved in organising conferences, as well as the demanding and time-consuming nature of the task for our volunteers, we have made the decision to host a bi-annual symposium that will provide ample networking opportunities.

A symposium will provide a platform for lecturers and experts to delve into a specific topic and explore the latest developments, as well as analyse issues and trends within health and social care.

- The symposium will have a narrower focus on a particular subject of discussion
- There will be a more thorough exchange of ideas and discussions among experts and participants.
- Solutions and recommendations may emerge from these discussions and translate into actionable steps.
- The insights gained from a symposium can benefit others in the field and serve as a catalyst for seeking new knowledge and discoveries within health and social care.





Symposium 2023

Innovation in Technology, Healthy Ageing and Leadership

The symposium 'Innovation in Technology, Healthy Ageing and Leadership' focused on the thrill of connecting with new individuals in a dynamic environment featuring enthusiastic speakers and engaging interactions between speakers and attendees. Many valuable insights were gained, along with the opportunity to exchange contact information for fostering new connections or gaining fresh ideas and inspiration. The palpable excitement in the atmosphere was truly invigorating!

Innovation in Technology

Innovation in Technology commenced with a keynote showcasing the rapid integration of AI and new technologies into healthcare and the operating room. Parallel sessions provided firsthand exposure to the potential of customized VR in client-centered therapy and your organization. Valuable insights were gained on Preparing Primary Care Planning to be AI ready (PREPCAIRE) aiding healthcare providers and businesses in optimizing home and family care planning. The day concluded with an immersive virtual gaming simulation ENVISION, enabling students to interactively practice clinical communication, and decision-making skills in realistic healthcare scenarios.

Following a day filled with groundbreaking research and informative sessions, participants had the opportunity to expand their professional network in a vibrant setting, forging new international connections and fostering inter-institutional relationships.



Innovation in Healthy Ageing

Innovation in Healthy Ageing has given rise to the concept of reablement and Reable Labs, where patients are empowered to take charge of their own care. This research has offered valuable insights into the integration of reablement into primary care, addressing the needs and challenges of all stakeholders involved, and ultimately enhancing the quality of home care services. Parallel to this concept, the Life-care Assistance (LCA) App has been developed to assist family members and caregivers in providing care and support within their own homes or caregiving environments. The app offers a range of features including organization, communication and documentation to streamline the caregiving process.

Innovation in Leadership

Innovation in Leadership commenced with a keynote that looked into the complexities of leadership, innovation, competency management, and relevant global perspectives. It shed light on the challenges faced by the workforce, cost-effective quality enhancement, and the importance of leadership and innovation. Following this, we transitioned to the parallel sessions where 3ID LABS presented insights on future-proof personal leadership and the significance of super diversity in fostering a sustainable future in healthcare. Simultaneously, another session introduced us to the SCAFFOLD research project, which aims to develop a cutting-edge, evidence-based e-portfolio to aid healthcare students in their competence development in the workplace. The symposium wrapped up with a workshop on Clinical Leadership and Strategies for identifying clinical leaders.





Looking to the future

As an organisation, it is crucial to remain adaptable and embrace the new reality to effectively support students and staff in their journey towards personal growth and excellence.

In the year 2024, we are committed to enhancing communication about our activities and further developing our organization to ensure its sustainability. This will be achieved through the implementation of a comprehensive yearly plan of action, which will focus on refining our organizational and operational structure.

Our strategy revolves around actively involving our members and collaboratively shaping a promising future for both staff and students in the field of healthcare, rehabilitation and social care. By prioritizing their needs and making necessary adjustments, we aim to steer our strategy towards success and enable members to reap its benefits. We firmly believe that our new structure and operational framework will enable us to thrive in the current landscape, which is characterized by challenging economic and political



circumstances that exert pressure on healthcare educational experiences.

Moving forward, we will continue to provide a platform for our members to fulfill their needs through various activities such as conferences, symposiums, staff and student activities, as well as webinars. COHEHRE will remain a hub for connecting with like-minded individuals, enhancing professional lives, and enriching students' education by using experiences of experts.

Additionally, we will persist in investing in research, our dedicated volunteers and our members to ensure the provision of up-to-date courses.

Furthermore, we are committed to strengthening our member connection and fostering a culture of transparency and growth within our organization.

The council will continue to prioritise the sustainability of COHEHRE and appreciate the trust and confidants that you have bestowed upon our organization!

Thank you

Our team deserves a special acknowledgment for their unwavering dedication and selfless investment of their precious time in ensuring the smooth functioning of COHEHRE.

We deeply appreciate their dedicated commitment to produce interesting activities for our members. While the road ahead may present its fair share of obstacles, the lessons learned from the past have instilled in us the confidence to face whatever lies ahead.



Aija Ahokas, Metropolia UAS, Finland

Annemie Spooren, PXL University of Applied Sciences, Belgium (Council member)

Annemie van den Dries, Belgium

António Ferreira, ESSNorteCVP, Portugal (Council member)

Attila Dobos, Semmelweis University, Hungary

Célia Soares, Instituto Politécnico de Setúbal, Portugal

Dina Alves, Instituto Politécnico de Setúbal, Portugal

Erich Weiss, Austrian University of Applied Sciences, Austria

Ester Goutan Roura, UVic-UCC, Spain (Council member)

Filip Dejonckheere, Arteveldehogeschool, Belgium



Julie Vanderlinden, Odisee University of Applied Sciences, Belgium
(Council member)

Katja Heikkinen, Turku University of Applied Sciences, Finland (Council member)

Lillana Mota, ESSNorteCVP, Portugal

Madalena Gomes Da Silva, Instituto Politécnico de Setúbal, Portugal

Marc Elie, HAN University of Applied Sciences, The Netherlands (Council member)

Margit Eidenberger, Austrian University of Applied Sciences, Austria
(Council member)

Montse Romero, UVic-UCC, Spain

Nina Eklöf, South-Eastern Finland UAS, Finland

Patricia Claessens, Arteveldehogeschool, Belgium (Council member, President)

Stefan Kunz, SUPSI, Switzerland

Ulla-Maija Törmälä, OAMK, Finland

COHEHRE Office

Isabelle Delarivière

Kirsten Garré

Financial Report

REVENUES			
	Membership fees		€ 26.350,00
	Conference/Symposium fees		€ 3.000,00
	COHEHRE activities		€ 246,01
	Interests & Profits		
		TOTAL REVENUES	€ 29.596,01
EXPENDITURES			
	Administration and organisation costs		€ 21.741,56
	Administrative office	€ 21.426,72	
	Update website & legal costs	€ 314,84	
	Marketing & PR costs	€ 0	
	COHEHRE Activities		€ 250,00
	Conference/Symposium costs		€ 343,32
	Representation costs COHEHRE		€ 362,40
	Audit		€ 500,00
	Pre-conference meeting		€ 1.305,80
	Travel / Accommodation		
	Council (3x/year)	€ 1.718,92	€ 1.718,92
	Project leaders	€ 0	
	Other expenses		
	Bank costs		€ 134,18
	Write-off open debtors		€ 5.024,00
		TOTAL EXPENDITURES	€ 31.330,18
		RESULT	€ -1.734,17

Balance Report

ASSETS			
	31.12.2022		31.12.2023
Accounts receivable			
Debtors			
	€ 25.829,90		€ 27.953,90
Cash funds			
Bank	€ 83.656,61		€ 89.523,32
Cash	€ 193,69		€ 193,69
Payments done for next year's conference	€ 0		€ 0
TOTAL	€ 109.680,20		€ 107.672,91
LIABILITIES			
	31.12.2022		31.12.2023
Payments in advance			
	€ 0		€ 0
Credit notes to make			
	€ 0		€ 0
Consortium reserve			
General reserve	€ 93.628,37	€ 105.964,84	
Result	€ 12.336,47	€ - 1.784,17	
		€ 105.964,84	€ 104.180,67
Accounts payable			
Creditors	€ 3.315,36	€ 3.492,24	
Invoice to receive	€ 400	€ 0	
	€ 3.715,36		€ 3.492,24
TOTAL	€ 109.680,20		€ 107.672,91